

LINKS TO VARIOUS SUPPORT SERVICES FOR PARENTS

The following links may prove to be useful sources of advice, should you need it, about a variety of support services that are available. There is a mix of both local (Lincolnshire) and national organisations.

- Lincolnshire Children's Support Service. (LCSS) We are a team of Family Support Workers who provide advice, information and practical support to families with children aged 5 - 13 in parts of Lincolnshire.

If you would like to find out more about Family Action, please visit our website at www.familyaction.org.uk or contact us on Tel: 01522 541419

Email: lincoln@family-action.org.uk



- The Anti-bullying Alliance is a coalition of organisations and individuals working together to stop bullying and create safe environments in which children and young people can live, grow, play and learn.

<http://www.anti-bullyingalliance.org.uk>

<http://www.anti-bullyingalliance.org.uk/send-advice.aspx>



- The Child Exploitation and Online Protection Centre (CEOP)

Provides help and advice on cyberbullying, the Centre maintains a [website](#) for children and young people, and parents and carers about staying safe online.

<http://ceop.police.uk/>

<http://www.thinkuknow.co.uk/> A great website for both children and parents or carers with lots of information and links on staying safe when using online technology



- Kidscape: 08451 205 204**

A helpline for parents and carers of bullied children is available

Monday - Tuesday: 10am to 8pm;

Wednesday - Friday: 10am to 4pm



- Family Lives (previously Parentline Plus) 0808 800 2222**

Immediate support and advice for parents,
24 hours a day, seven days a week.

<http://familylives.org.uk/>



- Contact a family (CAF)** - a national charity that exists to support the families of disabled children whatever their condition or disability.

<http://www.cafamily.org.uk/>



Call our free helpline 0808 808 3555

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- **Specialist Teaching and Applied Psychology Service -STAPS**
For free, impartial information and advice about SEN issues in Lincolnshire please contact our helpline 01522 553351
- **Specialist Dyslexia Outreach Teacher: Monday 9.30 am -11.30 am (term time only)** For free, impartial information and advice.
Katie Akerman 01205 317871 option 3
- **Educational Psychologists: Every Tuesday 1.30 pm -4.00 pm**
Call 01522 554673 and ask for the Helpline

- **Action for children: Family support**
www.actionforchildren.org.uk Tel: 01522546516



All families need help at critical moments. We support children and families with the most difficult problems and are the largest provider of family support services in the UK.

- **4all** is an information magazine for parents of children and young people who have a sensory impairment, additional needs and/or are disabled. It provides lots of helpful information for families and young people, and also describes the many short break activities available across Lincolnshire. Once registered, the child or young person and their family will receive, and have access to a range of services:
 - a **Welcome Pack** with useful bag and a range of information leaflets
 - **help with queries** relating to disability issues and other family issues ranging from childcare to benefits, leisure to support groups
 - **regular copy of the 4All newsletter**
 - **information and event updates**



Contact details: FREEPHONE: 0800 195 1635 Monday to Friday 8am-6pm
GENERAL ENQUIRIES Tel: 01522 782033
www.lincolnshire.gov.uk/4alldatabase
Email: 4all@lincolnshire.gov.uk

The websites links should work by right clicking on the web address and then clicking on the 'open hyperlink' part. Or simply type in or copy and paste the web address into your search engine, e.g. google, bing, btyahoo etc

Within many of these websites there are further links that you will be able to follow and use for advice and information.

We hope you find this information useful.